



First Presbyterian Church of Bismarck, North Dakota

Here and NOW!

August 2009 Volume 56 Number 8

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Insert August Calendar

Website: www.fpcbismarck.com

"Rich"

Jacob L. Kincaid, Minister

According to an old Chinese proverb,
He who knows he has enough is rich.

The wisdom of this proverb is largely lost on us today. In this sophisticated and affluent society in which we live, the list of our needs and wants is almost endless, and it never seems that we have enough of anything.

To the contrary, the more we have, so it seems, the more we think we need and want of the vast array of gadgets and gizmos that we take now to be the outward symbols of true wealth. The vicious cycle of buying and spending begins in a vain attempt to acquire enough things to enhance self-esteem and establish a certain status.

Perhaps the old Chinese proverb has it right. When we find contentment in life's essentials, we are delivered from the terrible tyranny of things. And we are rich indeed.

DISCOVERY CANYON



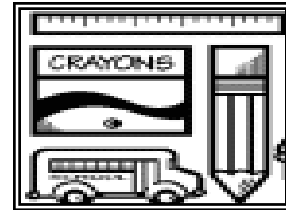
August 10-12 Family Bible School

Are you looking for high adventure this summer in three fun-filled evenings of Bible study, activities, music, and art projects? Then you won't want to miss Vacation Bible School, August 10-12, open to all ages with a special focus on families attending together. Discovery Canyon Family Bible School will begin in Ramstad Hall at 5:45 p.m. with a light dinner, followed by Bible stories, small group activities, and art projects (pottery making with Kim Eslinger). On Wednesday, August 12, there will be a special "cook-out" at Jeff and Kim Eslinger's home.

Sign up in the church office or online. Each family unit is asked to pay \$10 to cover the cost of food and materials.

So pack up your family and join us in Discovery Canyon!

School Supplies Needed



Sunday, August 2 and Sunday, August 9

The big yellow box is back in the narthex! This time, it needs to be filled with school supplies. School is quickly approaching and that means new school supplies. For some families in Bismarck, this is a hardship. The Outreach Committee is collecting school supplies that will be donated to Youthworks and Bismarck Public Schools. Bring any or all of the following items with you Sunday, August 2 or Sunday, August 9.

Suggested Items

glue stick	white school glue
crayons (box of 16 or 24)	colored pencils
folders with pockets	dry erase markers
pencils #2 lead	calculators
spiral bound notebooks	protractor
rulers (inches and metric)	erasers
loose leaf paper	school scissors
highlighters (pink or yellow)	
ball point pens (red, black, or blue ink)	

Fine Arts Festival September 10-13, 2009

"Celebrating Creation on the Prairie"

The Fine Arts Festival, "Celebrating Creation on the Prairie," will be a great opportunity for all of us to see art at its finest. It is also a wonderful opportunity to get involved in an artistic venture. Some of us may not be artists or very creative, but we know fine art when we see it, and appreciate its beauty. We thank those who are blessed in wonderful artistic talents. We may even find some artistic talents in ourselves as we take part.



There are many opportunities for everyone to get involved in the art show. One can participate by entering the art show, attending, or by serving on a committee. We have committees for the Coffee House, High Tea, Gallery set-up, Publicity, Finance, Hostess, Baking, etc. If there is an area in which you are most interested, we would welcome your participation at any level. There is a sign-up sheet in the narthex or you may contact any of us on the steering committee.

It will be a fun event for all of us at First Presbyterian. We look forward to you taking part in this fine event.

Priscilla Wilson
Fine Arts Festival Steering Committee



Support for 2009 Commemorative Poster

Commemorative - adj.

A celebration in memory of something special.

The Fine Arts Festival committee is seeking congregational support for the printing of a commemorative poster honoring Nellie Solberg's art as well as her many past contributions to not only our very own art festival, but to the community of art lovers and students. How can you be part of supporting this celebration?

- 1) Make a small or large contribution for the printing and marketing of this beautiful poster.
 - a) Fold any denomination of currency and place in the hand of any Festival Committee member with a smile and pat on the back.
 - b) Write any size check (along with your signature) and hand-off to a committee member or send to the church, (with a \$.44 stamp...postage just went up again).
- 2) Attend the Fine Arts Festival and purchase, frame and proudly display the commemorative poster in your home or office. This will be a limited edition, so come early and purchase several.

There are still job openings for Festival volunteers, so if you can be available for all, or some part of the week of September 7-12, please sign up or talk to a committee member.

Volunteer - n.

A person who enters into any service of his own free will.

Questions, comments or donations: Contact Kathy Mayer at 224-1954 or any committee member.

Fine Arts Festival High Tea



Save your date for the Fine Arts Festival High Tea. Invite a friend or reserve a table of eight! Presbyterians get first choice of the tickets. High Tea tickets may be purchased in the parlor on Sunday, August 2, and Sunday, August 9. The

High Tea will be offered Saturday, September 12 at two times: 11:30 a.m.-1:00 p.m. and 2:30-4:00 p.m. in the Parlor. Price is \$10 per person and tables of eight may be reserved.

Depending on sales, High Tea tickets may be opened to the general public August 15.



PresbyReaders

7:00 p.m. on August 26, 2009

Amish Grace:

How Forgiveness Transcended Tragedy

by Donald B. Kraybill, Steven M. Nolt, and David L. Weaver-Zercher.

Join the discussion at Mr. Delicious on 3rd street, directly across from the church.

Administrative Assistant's Position

The Administrative and Personnel Committee has employed Janell Rath as administrative assistant. Janell has considerable experience in office management and excellent IT skills. She is a graduate of BSC. Janell began work July 20, 2009.



Host a Youth

The Christian Education Committee is hosting a youth group from Washington state Saturday, August 15th. If you can provide overnight housing for a couple of young people, please call the church office. Thanks.

Hospitality Notes

We are showing hospitality when we are considerate in caring about those God sends our way. (Sandy Willoughby)

Parish Nursing



JuLann Wiseman, R.N.

Top 3 "To Do" list for Seniors during Flu Season

Enjoying your golden years can mean embracing exciting and new activities, enjoying grandchildren, and spending time with friends. To stay healthy and active, there are important actions you can take to keep health threats like the flu from knocking you off your feet. People 65 and older are most vulnerable to getting severe illness from the flu.

Fortunately, there are actions you can take to protect yourself and your loved ones from the flu. First, take time to get a flu vaccine. "The flu vaccine is the best way to protect against the flu," says Dr. Nancy Cox, Director of Influenza Division at the Centers for Disease Control and Prevention. "We have an all-time high supply of vaccine this season and because flu viruses can cause illness into the spring, getting the vaccine even in December or later can still protect against the flu."

Second, make sure to take everyday steps that can help stop the spread of germs like covering your nose and mouth with a tissue and washing your hands with soap and water often. Try not to touch your eyes, nose or mouth since germs spread this way. And remember to stay away from others if you are sick to keep from spreading your illness.

Third, if you do find yourself sick with flu symptoms, such as high fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose and muscle aches, there are antiviral drugs that can help. These drugs should be started within 48 hours of getting sick, but must be prescribed by a doctor.

Don't let the flu take you out of commission this season. Take these easy steps to take care.

Let's Create "Change that Works!"

Now, more than ever before, we have the opportunity to ensure quality, affordable healthcare to every man, woman, and child in America! We can make it happen in the next few weeks and months, but we all have to take action.

The Change that Works campaign is engaging people across North Dakota in a nationwide effort to pass comprehensive healthcare reform and rebuild our economy.

To volunteer or for more information, contact Nathan Ness at 701-255-2346 or changethatworksnd@gmail.com!

Statement of Activities

June 2009

Description	2009 YTD Actual	2009 YTD Budget	2009 Annual Budget
Income			
Offerings	232,162	229,786	448,071
Other Income	10,288	10,782	21,740
Transfers	40,563	48,225	103,575
Total Income	283,013	288,793	573,386
Expense			
Personnel	155,597	168,260	336,520
Administrative	13,152	15,475	30,950
Per Capita Assessment	14,682	14,682	29,365
Missions	35,093	35,825	71,650
Food & Kitchen	2,174	1,650	3,300
Session Expense	650	825	1,650
Christian Education	5,257	10,350	26,700
Membership	5,715	6,403	12,805
Outreach	997	1,675	6,850
Property & Equipment	43,932	41,250	82,500
Stewardship	0.0	1,250	2,500
Worship & Music	2,081	2,950	5,900
Total Expense	279,330	300,595	610,690
Income Less Expense	3,683	(11,802)	(37,304)

Sunday Sale



The Sunday sale of Fair Trade merchandise will be held August 16, 2009 in the parlor.

Acolyte Training

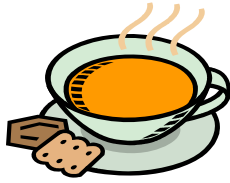


Training will be offered for seven-year-olds and older who wish to serve as acolytes for Sunday services at 4:30 p.m. on Wednesday, September 9, 2009, in the sanctuary. Please contact the church office to register.

August Acolytes

10:00 AM	
2	Olivia Bachmeier
9	Riley Quick
16	Emily Ehrens
23	Isaac Blake
30	Gage Stephens

Munch and Mingle



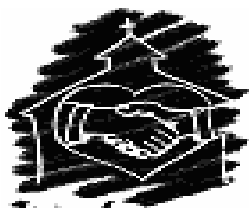
Munch and Mingle is an adult fellowship group for singles and couples in the senior adult age range. Join the group on Wednesday, August 12, at noon in the Ramkota dining room. Meet new friends or catch up with longtime friends. No reservations required.

Home Communion

The congregation will celebrate the Lord's Supper, August 16. The pastors, elders or deacons will be glad to serve communion at home, hospital, or nursing home to anyone who is unable to worship with the congregation. Please call Pastor Kincaid to schedule a time, 223-6091 ext. 11.



Will You Usher?



Ushers, greeters, and coffee servers make our worship services more welcoming to guests and members. To volunteer for a September or October worship service, sign up on the bulletin board in the narthex.

Family News

Deaths

Our deepest sympathy to the families and friends of those who have died:

Aldeen Paris Welsh Taylor, June 19, 2009

Matt Emerson, July 17, 2009

New Address

Bill and Kathy Ellig
4511 NE 20th Avenue
Portland, Oregon 97211



First Presbyterian Church

August Here and Now!

First Presbyterian Church of Bismarck
214 E. Thayer Avenue
Bismarck, ND 58501-3887

Non-Profit Organization
US Postage Paid
Permit No. 301
Bismarck, ND 58501-3887

Address Service Requested

First Presbyterian Church

214 E. Thayer Avenue, Bismarck, ND 58501
Phone 223-6091, Fax 255-7344
E-mail: fpresby@btinet.net
www.fpcbismarck.com

Sunday Worship Schedule
Regular Worship: 10:00 a.m.

Office Hours Monday - Friday
8:00 a.m. - 12:00 Noon and 1:00 p.m. - 5:00 p.m.

Our Staff

Pastor-Head of Staff	Rev. Dr. Jacob L. Kincaid
Associate Pastor	Rev. Vicki J. Rucker
Administrative Assistant	Janell Rath
Secretary	Vickie Haas
Organist	Jan Candee
Choir Director	Debi Rogers
Bell Choir Director	Lael Hoerauf
Custodian	Les Hornbacher
Child Care Center Director	Shawn Stettner
Parish Nurse	JuLann Wiseman
Membership Services	Judy Lentz Barb Schulz

Here and Now!

For the Latest News
www.fpcbismarck.com

First Presbyterian Church
Bismarck, North Dakota

A Vision

To be a welcoming, serving,
worshipping, and nurturing community.